

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Activities and Ice Cream Socials are provided in the Main Dining Room unless otherwise specified H=Hickory O= Oakridge C=Cedar R=Redwood	1 11:00 New Year's Day Activities and Fun 1:00 Individual Visits 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room <small>New Year's Day</small>	2 9:30 Communion Visits 10:00 Current Events 11:00 Richard Simmons Exercise Flashback 2:00 Ice Cream Social 3:30 Leisure Jenga 6:00 Movie Night Ch.26	3 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 3:00 Open Recreation 6:30 Pet Therapy Visits	4 9:00 Communion Visits 10:00 Current Events 11:00 Fitness Dice 2:00 Ice Cream Social 3:30 Aromatherapy: Relaxation Hour (H) 6:30 Po*ke*no Night	5 10:00 Current Events 11:00 Exercise 2:00 Music with Chuck 3:30 Happy Hour / Pet Therapy Visits 6:00 Friday Movie Ch. 26	6 10:00 Pet Therapy (Redwood and Cedar) 11:00 Weekend Fitness 1:30 Rosary 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room
7 9:30 Weekend Cart (Hickory / Oakridge) 11:00 Weekend Fitness 1:00 Individual Visits 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room	8 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study 3:15 Bingo 6:30 Game Night	9 9:30 Communion Visits 10:00 Current Events 11:00 Rock n Roll Fitness 2:00 "Thanks for the Memories" Sing A Long 3:30 Pac-Man Card Game 6:00 Movie Night Ch.26	10 10:00 Current Events 11:00 Horticulture Therapy with Mary 2:00 Ice Cream Social 3:30 Snowman Craft 6:30 Bingo	11 9:00 Communion Visits 10:00 Current Events 11:00 Mind/Body Fitness 2:00 Ice Cream Social 3:30 Men's Club: Automobile Photo Quiz 6:30 Po*ke*no Night	12 10:00 Current Events 11:00 Exercise 2:00 Music with Pete 3:30 Happy Hour / Pet Therapy Visits 6:00 Friday Movie Ch. 26	13 10:00 Pet Therapy (Hickory and Oakridge) 11:00 Weekend Fitness 1:30 Rosary 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room
14 9:30 Weekend Cart (Redwood / Cedar) 11:00 Weekend Fitness 1:00 Individual Visits 2:00 Ice Cream Social 3:00 Non-Denominational Church Service (MDR)	15 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study 3:30 MLK: "I Have a Dream Program" (MDR) 6:30 Game Night <small>Martin Luther King Day</small>	16 9:30 Communion Visits 10:00 Current Events 11:00 Movement Ball Resident Council (H) 2:00 Ice Cream Social 3:30 Harmonizing with Simon and Garfunkel 6:00 Movie Night Ch.26	17 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 3:30 Church Service (R) 6:30 Bingo	18 9:00 Communion Visits 10:00 Current Events 11:00 Foam Ball Fitness 2:00 Ice Cream Social 3:30 Aromatherapy: Relaxation Hour (H) 6:30 Po*ke*no Night	19 10:00 Current Events 11:00 Exercise 2:00 January Birthday Party & Music w/ Charlie 3:30 Happy Hour / Pet Therapy Visits 6:00 Friday Movie Ch. 26	20 10:00 Pet Therapy (Redwood and Cedar) 11:00 Weekend Fitness 1:30 Rosary 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room
21 9:30 Weekend Cart (Hickory / Oakridge) 11:00 Weekend Fitness 1:00 Individual Visits 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room 6:30 Weekend Bingo	22 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study 3:15 Bingo 6:30 Game Night	23 9:30 Communion Visits 10:00 Current Events 11:00 Movement Scarves 2:00 Ice Cream Social 3:30 Opposites Hangman 6:00 Movie Night Ch.26	24 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 3:30 Craft: Snowy Doily Mobile 6:30 Bingo	25 9:00 Communion Visits 10:00 Current Events 11:00 Mind/Body Fitness 2:00 Ice Cream Social 3:30 Nok Hockey Tournament 6:30 Po*ke*no Night	26 10:00 Current Events 11:00 Exercise 2:00 Musical Memories with Carrie 3:30 "Painting with a Semi-Twist"/ Happy Hour Pet Therapy Visits 6:00 Friday Movie Ch. 26 <small>Australia Day</small>	27 10:00 Pet Therapy (Hickory and Oakridge) 11:00 Weekend Fitness 1:30 Rosary 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room
28 9:30 Weekend Cart (Redwood / Cedar) 11:00 Weekend Fitness 1:00 Individual Visits 2:00 Ice Cream Social 3:00 Games Available in Redwood Dining Room	29 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study 3:15 Bingo 6:30 Game Night	30 9:30 Communion Visits 10:00 Current Events 11:00 Winter Stretches 2:00 Ice Cream Social 3:30 Music: Karaoke 6:00 Movie Night Ch.26	31 10:00 Current Events 11:00 Exercise 2:00 Ice Cream Social 3:30 Winter Card Making 6:30 Bingo <small>Tu B'Shevat</small>	<h1>January 2018</h1> <h2>Evergreen Health and Rehabilitation Center</h2>		